

## NANCY GRIGSBY WORKSHOP:

### Expressing Your Artistic Inner Voice: A Meaningful Journey in Mixed Media

"This 3-day course in abstract mixed media begins with an introduction to the materials that we'll be using, as well as a personalized creative self-analysis that will be the inspirational source behind the work you will create in the classroom. Your paintings will be a true and personal expression of YOUR artistic voice.

"You'll discover ways to use acrylics, stencils, stamps, collage, the gel plate, a variety of ephemera (you'll become an antique-store junkie!), texture, watercolor (if you want, so bring those, too!)...and more. I'll provide some extra materials so you can experiment.

"It doesn't matter if you are a representational or abstract painter. The main goal of this workshop is to open your creative soul and come away with the knowledge and freedom that will allow your artistic voice to become more evident in all of your work. You'll leave your inhibitions and hesitations at the classroom door and literally learn to relax and have more fun with your art."

"Nancy's/My painting style starts very intuitively, preselecting different materials to begin each painting. Real thinking doesn't come into play until it's time to bring each piece to a finish. To do that, I may choose other media to incorporate into a piece. However, I always keep in mind the importance of a balanced composition (cruciform, grid, sweet spot, etc.) that will invite the viewer's eye to travel around a painting and enjoy the 'journey.'

"Nancy has/I have always been drawn to color and texture in my work. In fact, that's my business' tagline: 'Exploring Our World Through Color and Texture.'

"While I still paint with and love watercolor which tends to be representational, I find working abstractly with mixed media to be freeing and more relaxing. And a more authentic expression of my artistic voice."